

# Catholic Health Training Institute

Wau, South Sudan



Newsletter  
September 2024



## Safeguarding Training

From 2 to 4 September 2024, the Catholic Health Training Institute (CHTI) organised a safeguarding training for CHTI students and staff. The training, facilitated by Sister Damiana Kasoo, CPS from Nairobi, Kenya, outlined all the steps to be taken to accompany an alleged victim of abuse and provided guidance on how to deal with the alleged perpetrator. 'It is important for a country and any organisation to safeguard; to be able to ensure that when necessary intervention arrives promptly and with adequate psychological support,' explained Sister Bindu, the Principal of the CHTI.



On behalf of the CHTI family, tutor Rose Arual then expressed her heartfelt gratitude to Sister Damiana for providing this training, dedicating valuable time and travelling from Kenya to South Sudan. Although it was not everyone's first time attending a workshop on safeguarding, the training was an opportunity to become aware of the issue and remember that safeguarding is everyone's responsibility. The goal is yes to protect the students, but also to protect themselves as individuals and to extend the knowledge gained to the entire community, including children and vulnerable adults outside the walls of the institution.

## First Year Midwifery

The first-year midwifery class completed a Continuous Assessment Test (CAT) on the foundations of midwifery. Continuous Assessment (CA), also known as ongoing assessment, is the evaluation and analysis of an individual's learning performance over the course of a given course. Continuous assessments aim to refine learners' competences over time, through periodic tests and trials that provide feedback on progress in skills acquisition. Normally, in the final assessment, Continuous Assessment counts for 40% and the End of Semester Examination for 60%.





## Participation in Clinical Practice

Second-year Nursing and Midwifery students are carrying out their clinical practice, which will continue throughout the semester. At the end of the semester, all students will undergo practical examinations. The practical examination is a type of examination that concerns the assessment of the practical skills and competences acquired by a student, whether nursing or midwifery, during the course of a programme that includes clinical activities in hospital facilities.

## Presentation of a Case Study

The presentation of a clinical case study by third-year nursing students is one of the requirements for graduation to become professional nurses. The nursing case study is an in-depth examination of a patient's situation, in which the student documents detailed information about the patient, from the initial history to diagnosis and treatment, also noting his/her own observations and reflecting on appropriate nursing care. Once a patient has been identified on the ward, the student takes a full history, makes a diagnosis and plans nursing care, offers discharge advice and then visits the patient twice in the community as part of follow-up care. This provides the student with practice in community nursing care.



## Ladies' Volleyball Match

On 29 September, the Catholic Health Training Institute (CHTI) women's volleyball team played an away match against the St. Daniel Comboni girls at the St. Daniel Comboni parish playground, and recorded a satisfying victory. The CHTI not only focuses on academics, but also strives to explore students' talents in football, volleyball and other recreational activities and use them to build unity and national identity among South Sudanese youth.

## Welcome Sister Raely Nelson

The Catholic Health Training Institute family welcomes Sister Raely Nelson Bakhit, of the Sisters of the Sacred Heart of Jesus, a South Sudanese national. An accountant by profession, she will work as a financial assistant at CHTI. We are happy to have her join our family and welcome her with admiration and honour.





## Visit of Sister Mumbi

On 17 September, the family of the Catholic Health Training Institute (CHTI) received Sister Mumbi Kigutha, CPPS, president of Friends in Solidarity, who was travelling to South Sudan with her team for a video-photo report on Solidarity projects and their impact on South Sudanese society. After a warm welcome at Wau airport, CHTI students and staff showed their gratitude to Sr. Mumbi and her team by participating fully in the video and photo collection programme, giving interviews and allowing photographs to be taken. On 19-20 September, Sr. Mumbi and her team paid a courtesy visit to health facilities where CHTI students go for their internship, such as the Sika



Hadid Primary Health Care Centre, the St. Daniel Comboni Catholic Hospital and the Wau Teaching Hospital. They were able to film, photograph and interview some of the staff members of these health care facilities. In addition, Sr. Mumbi and her team were able to visit Bishop Ramijo Adam of the Catholic Diocese of Wau and attend a football match between the CHTI and Wau Naar teams that ended 6:0 in favour of CHTI. Sr. Mumbi and her team were delighted with the warm hospitality and maximum support given to her by the CHTI family.

