# **Catholic Health Training Institute**

Wau, South Sudan

## Newsletter August 2024



Solidarity with SouthSudan

### Opening of the academic year

On 29 July 2024, the Catholic Health Institute (CHTI) officially Training welcomed staff and students, marking the start of the new academic year. As a Catholic institute, it is traditional for the new academic year to begin with a Mass of Thanksgiving. This year, the main celebrant was His Lordship Matthew Remijio Adam, MCCJ, Catholic bishop of the Wau diocese, together with Fr David Dagsou, CHTI chaplain. In his address, the bishop urged the CHTI family to create an conducive to environment learning, sharing and friendship because that is the only way we can work together, opening our hearts and minds to be guided by the



Holy Spirit during the academic year. Acting Principal, Sr. Winnie, thanked His Lordship, the entire CHTI family and welcomed the students and staff, urging the students to focus on their studies and take advantage of all the available resources offered by the institution.



### **Session on Non-Violence**

On 8 August, CHTI had the opportunity to participate in a seminar on non-violence communication, facilitated by Sister Mary Atimango of the Sisters of the Sacred Heart of Jesus. The objective was to enhance respect for others, empathy and peaceful conflict resolution. It was an interesting training that benefited both the tutors and the students and will contribute to improving peaceful coexistence within the CHTI family.



#### **Academic studies**

This academic year, the first and second year students (both nurses and midwives) started classes in the classroom for a period of six weeks, while the third year is engaged in a clinical session in Wau Teaching Hospital, St. Daniel Camboni Catholic Hospital and Sika Hadid Primary Health Care Centre. At the end of the six-week period, it is the secondyear students who will go to the hospital for clinical activities, while the third-year students will return to the classroom until the end of the semester.





#### **Sport**

On 17 August 2024, a friendly match between junior and senior students took place at CHTI. The senior students won the match 2:1. The purpose of this type of event is to bond and build a relationship between and with the students, but it is also a way to reach out to the community in South Sudan. Games and sports activities are indeed a fun and exciting way to promote peaceful coexistence.

#### Welcome Colette!

Colette Blockley, from New Zealand, has joined the CHTI staff in the new academic year. She brings with her experience in nursing, having returned to South Sudan after 9 years but with a spirit of generosity and service that has never diminished. CHTI welcomes her with admiration and honour.





#### **Visit by Bright Future students**

The students from Bright Future had the pleasant opportunity to visit CHTI as part of their school activities to experience the welcoming environment of a green and clean campus. Our tutors John and Aligo took the initiative to explain some anatomical models to them in an interactive session, while Mr Philip and Mr Martin guided them around every corner of the school and campus. This experience will certainly be useful for their choice of profession in the future.

#### **Clinical area**

Third-year students are carrying out their internship at hospital facilities such as Wau Teaching Hospital, Comboni Hospital and Sika Hadid Primary Health Care Centre. The main focus of the nursing students is on community case studies. Midwifery students focus on Antenatal Care (ANC), which is the health care provided to women from the beginning of pregnancy to the day of delivery to promote and protect the health of mothers and their babies at all stages.



