

Catholic Health Training Institute

Wau, South Sudan



Newsletter

May 2024



Case study (Domiciliary)

As a requirement for the award of the diploma, 2nd year midwifery students usually undertake their case studies (domiciliary) in the second semester. “Domiciliary” refers to the care given to the pregnant mother in her home during pregnancy, labour, and puerperium, the period of about six weeks after childbirth, during which the mother’s reproductive organs return to the nonpregnant condition. As part of the curriculum requirement, the student identifies one mother from antenatal care (ANC) and monitors her during pregnancy. The student conducts the delivery of the mother and does follow up in-home care of the mother and the newborn in the community for a period of seven days. The mother is then discharged on Day 7 in the presence of a tutor who is supervising the student for the case study.



A Trophy for the CHTI Football Team

On 4 May, our CHTI football team played against the teams of the United Nations Mission in South Sudan (UNMISS) and the match ended in CHTI's favour: 4-2. The game served to help bond our students and to reach out to the wider South Sudan community. Sports can promote a spirit of peaceful coexistence and this was a great way to start. Congratulations to the CHTI football team for bringing home the trophy!

The CHTI administration celebrated the victory with a party on 11 May. Various representatives addressed the students, encouraging the students to do their best and be the best version of themselves, reaching out in service to others.



The visit by SSNAMA

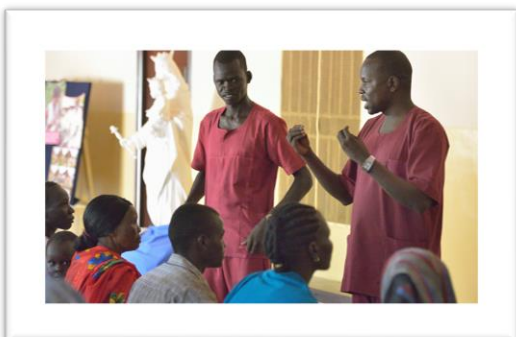
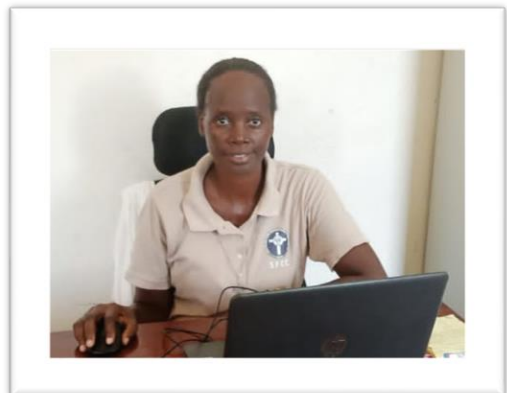
On the occasion of the International Day of Nurses and Midwives, the South Sudan Nurses and Midwives association (SSNAMA)—Wau Chapter paid a courtesy visit to CHTI on 17 May 2024. The visit served to familiarize the SSNAMA with the work of CHTI and to begin building a relationship between the two entities. Mr. Bazia, acting chairperson of SSNAMA, explained the history, purpose, and activities of SSNAMA, and explained how CHTI students and staff can become members. Sr. Winnie gave an appreciation of the SSNAMA team on behalf of the CHTI administration, quoting: *“You are the hope of this beautiful country, continue to advocate for the rights of Nurses and Midwives in South Sudan and make your motherland great”*.



salaries seriously affect the morale of health workers. He assured us that the Ministry of Health is working to see that nurses and midwives are properly paid so that they can maintain their morale and motivation. The international Nurses Day 2024 aims to reshape perceptions, demonstrating how strategic investment in health care will benefit the entire society.

Welcoming Sr. Christine!

In May 2024, Sister Christine, a member of Solidarity with South Sudan, has become a new staff member of the CHTI family. Sister Christine holds a Bachelor of Science in Nursing and Midwifery and is currently pursuing her Master of Science in Nursing—Nurse Practitioner at Akakhan University in Nairobi, Kenya. Sister will be doing both theoretical teaching and clinical training. Sister, we welcome you warmly to CHTI!



International Nurses Day

The International Day of the Midwife is celebrated around the world on 5 May, and International Nurses Day is celebrated every 12 May, the anniversary of Florence Nightingale’s birth. The International Council of Nurses Commemorates this important day each year and encourages nurses globally to do so. To commemorate these important days, CHTI joined the Ministry of Health, the Wau Teaching Hospital, and all health science training institutions in Wau at the Wau Health Sciences Institute. This year’s theme was *“Our Nurses, Our Future: the economic Power of Care”*. Mr. Henry Sasa, a senior official in Western Bahr El Ghazal State Health Ministry, encouraged Nurses and Midwives to treat patients with utmost professionalism. Mr. Sasa acknowledged that low remuneration and delays in paying health workers’

Academic Seminar

In order to help our third year nursing and midwifery students prepare for their National Exams on 10 June 2024, the CHTI administration and the guild team of the Academic Committee organized an academic seminar. Led by our highly qualified and experienced tutors, the seminar was offered over five days, with three days for theoretical input and two days for skills practice in the laboratory.