

## **Improved stoves**

Thanks to the generosity of Caritas Austria, 200 women In Riiminze received two energy-efficient stoves each, for a total of 400 stoves. One type of stove can be used with both wood and charcoal and another with charcoal only. These stoves can be used for faster cooking and they have a low environmental impact.



Women with the new improved stoves



Training for the use of stoves

They consume less fuel and do not produce smoke when cooking, with obvious health benefits for the women and their families. The beneficiaries were instructed by the Solidarity project leader as to how to correctly use and maintain the stoves correctly. They were happy and grateful to receive these new improved stoves.

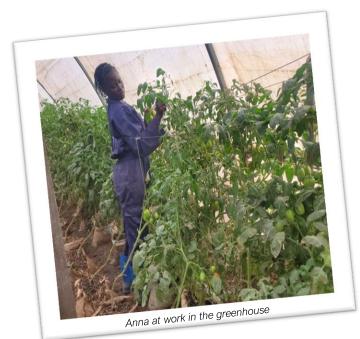


## **Elderly project**

The distribution of food rations to elderly people living in the area is one of the components of the sustainable agriculture project implemented by our Sustainable Agriculture Project in Riimenze. Most of the elderly we serve are extremely vulnerable, and many are blind or have other disabilities. The distribution of food is essential if they are to have a sufficiently nutritious diet. The food distributed includes flour. vegetable oil, and "pock" (meat). During the month of January 2024, about 100 elderly persons received food rations through this effort.



An old woman takes her food ration



## Anna, a valuable volunteer

Anna is a volunteer working for Solidarity at the Agricultural Project in Riimenze. She joined Solidarity in December 2023 working in the agriculture section, taking care of vegetables. Anna is a hard-working young woman and she has managed to create a vegetable garden inside the greenhouse. The tomatoes Anna planted are doing well she has harvested and tomatoes from this garden and sold them, thus generating a small income that has been reinvested in the project.