



Farmers visiting Martin's cultivated fields

#### **Learning from Martin Ismail**

Martin Ismail is a farmer who, thanks to the training offered by Solidarity, has been able to successfully put his acquired skills and techniques into practice. Thanks to his unstinting commitment and hard work, he was able to create more vegetable plots this year, including cabbage, tomatoes, egg plants and onions. On 18 August 2023, Solidarity organised a special visit to Martin Ismail's farm in Bazunga Boma, so the progressive farmers from the different locations involved in the project could observe and learn from their colleague's experience.

## Sustainable energy for cooking

Juliana John, a beneficiary living in Riimenze, appreciates the provision of energy-efficient cookers for reduced health risks and reduced consumption for cooking and other uses. Each beneficiary family received two stoves (one for firewood and one for charcoal). We thank Solidarity and Caritas for this project, which will help to improve the health of the women who further contribute cook and environmental protection.



# Harvesting on the School Farm!

It is a good season and a great joy to harvest. The pupils in the Saint Paul nursery school in Riimenze learn how to peel the maize and, after drying it, remove the kernels. After grinding the maize, it will become delicious for porridge.





Working in the matooke plantations

#### **Matooke plantations**

Mr Onyango Samuel, Solidarity Riimenze's livelihoods manager, coordinated casual workers on Solidarity's demonstration farm on how to apply an organic manure from animal waste to the newly started banana plantation (matooke). The matooke is a feddan plantation, planted this year in June 2023. The matooke was introduced to Southern Sudan recently and is in great demand by most people in Yambio and also in Juba, because it can be cooked as food to eat, which many people living in Southern Sudan and in Yambio in particular like.

### Nutrition programme continues

In August 2023, Solidarity's Nutrition Department carried out a new nutritional assessment and screening of children in the affected areas. In Bazumburu Boma some children were found to be malnourished so the Solidarity team distributed food additives to their families.



Mothers and children involved in the nutrition program



#### Time for holidays

After the end-of-year examination, 25 August was the closing day before the break for the Saint Paul nursery and primary school. Parents came to the school to receive their children's performance results. In the second term, 218 pupils attended school who worked hard and diligently. They will now have two weeks' holiday until 10 September.