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*Wise Words Which  
Make People  
Co-exist*

*Message from*

**BISHOP PARIDE TABAN**

*Bishop Emeritus of Catholic Diocese of Torit*

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**THE THIRTY ONE WORDS FROM BISHOP  
PARIDE TABAN WHICH MAKES THE HOLY  
TRINITY PEACE VILLAGE A BETTER  
PLACE TO LIVE IN**

Love, Joy, Peace, Patience, Compassion,  
Sympathy, Kindness, Truthfulness,  
Gentleness, Self Control, Humility,  
Poverty, Forgiveness, Mercy, Friendship,  
Trust, Unity, Purity, Faith And Hope.  
I Love You, I Miss You, I Thank You,  
I Forgive, We Forget, Together  
I Am Wrong, I Am Sorry. Understanding,  
Discern, Wisdom

**SECRETS FOR A RIPE OLD AGE**

Worry Less, Play More, Ride Less,  
Walk More, Frown Less, Smile More,  
Eat Less, Chew More, Drink Less,  
Breath More, Preach Less,  
Act More, Waste Less, Save More,  
Go Less, Rest More.



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**FOURTEEN WISE WORDS**

If you are right then you need not get angry  
and if you are wrong, then you don't have  
any right to get angry

Patience with family is love

Patience with others is respect

Patience with oneself is confidence

Patience with God is faith

Never think hard about the past – it brings  
tears. And don't think more about the future  
– it brings fear. Live these moments with  
Smiles- it bring cheers

Every test in our life makes us bitter or  
because every problem breaks us or makes us.  
The choice is ours whether we became  
victims or victorious.

Beautiful things are not always good, but  
good things are always beautiful.

Do you know why god created gaps  
between fingers? So that someone who is  
special to you comes to fill those gaps by  
holding your hand forever.

Hold on to your dreams

The only way to catch your dreams  
is to chase them and never let them go.

**PARIDE TABAN**

*Bishop Emeritus of Catholic Diocese of Torit*

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